

## Lunch Menu

Mon - Fri 12-3pm, Sat 12- 5pm

### Sandwiches

Salt beef & melted gruyere cheese  
*mustard mayonnaise, sauerkraut*

Chilli-phili-cheese steak  
*fried onions, watercress*

Cod goujons  
*tartar sauce & lettuce*

Goats cheese & fig (v)  
*beetroot, horseradish mayonnaise, rocket*

"Hot smoked" salmon  
*lemon cream cheese, dill, lettuce*

Roasted Chicken  
*bacon, lettuce, tomato, egg mayonnaise*

Sandwiches are served with  
French fries or Kettle crisps, side salad  
&  
on your choice of white or brown crusty bread

£9.95

### Tapas

Red sweet peppers stuffed with cheese

Creamy garlic mushrooms, toasted bloomer

Chorizo, sundried tomato, olives

Jalapenos nachos, guacamole, chive sour cream & spicy salsa  
(v)

Black olive tapenade, tzatziki with warm pita bread (v)

Mini prawn salad, marie rose sauce

Chipolatas, apple & sage sauce

Garlic bread with spicy salsa & cheese (v)

Sticky spicy bbq chicken bites, blue cheese dip

Multi seeded jack sprats, lemon mayonnaise

Mini battered cod, tartar sauce

Crispy squid rings, lemon & chilli dressing

Spiced lamb kofta balls, yoghurt & mint dressing

£4.50 per item or 3 for £13

### Mains

Moules Marinière £12.95  
*mussels, white wine, garlic, cream, served with fries*

Fish & chips £13.95  
*cod, prawn, pea puree, rustic tartar*

Gourmet burger £14.95  
*(beef, cajun chicken or halloumi)*  
*toasted pretzel bun, relish, coleslaw, aged cheese, chips*

Sausage & mash £13.45  
*butchers choice sausages, kale, onion jus*

Fish Pie £12.95  
*smoked haddock, salmon, cod, Atlantic prawns, king prawn,*  
*cheddar mash*

Pie & mash £11.95  
*traditional pie, mashed potato, liquor or jus*

Lock & Quay's greek salad (v) £11.95  
*tomato, feta, olive, cucumber, gherkins, melon*

## Dinner Menu

Mon - Sat 6-9pm, Sun 12- 9pm

### Starters

Olives £2.95

Soup of the day (v) 4.50

Garlic tiger prawns, mixed leaves £7

Chicken ceaser croquettes £6  
*baby gem lettuce, anchovies and parmesan*

Lock & Quay Tabbouleh (v) £5  
*cous-cous, chickpeas, cajun mayonnaise,  
creamed feta & mint*

### Tapas

Red sweet peppers stuffed with cheese

Creamy garlic mushrooms, toasted bloomer

Chorizo, sundried tomato, olives

Jalapenos nachos, guacamole, chive sour cream  
& spicy salsa (v)

Black olive tapenade, tzatziki with warm pita bread (v)

Mini prawn salad, marie rose sauce

Chipolatas, apple & sage sauce

Garlic bread with spicy salsa & cheese (v)

Sticky spicy bbq chicken bites, blue cheese dip

Multi seeded jack sprats, lemon mayonnaise

Mini battered cod, tartar sauce

Crispy squid rings, lemon & chilli dressing

Spiced lamb kofta balls, yoghurt & mint dressing  
£4.50 per item or 3 for £13

### Mains

Moules Marinière £13  
*white wine, cream, shallots, garlic, fries*

Steamed salmon fillet £14.50  
*potato and leek dauphinoise, watercress, dill beurre blanc*

Roasted chicken breast £15  
*dauphinoise potatoes, creamed leeks, spinach, garlic jus*

Fish & chips £14  
*cod, prawn, pea puree, rustic tartar*

Gourmet burger (beef, cajun chicken or halloumi) £14.95  
*toasted pretzel bun, tomato, onion, mixed leaves, aged cheddar  
cheese, crispy onion rings, chips*

Fish Pie £13  
*smoked hake, salmon, pollock atlantic prawns, tiger prawn,  
cheddar mash*

Herb crusted rack of lamb half £16 full £22  
*dauphinoise potato, stewed pea, julienne of heritage carrots*

Roasted red pepper risotto cake (v) £12.50  
*red pepper coulis, rocket*

Chicken Caesar salad £14  
*anchovies, dried bacon, croutons*

Lock & Quay Greek salad £12  
*tomato, feta, olive, cucumber, gherkins, melon*

### Steaks

Fillet 8 oz. £28.95

Sirloin 10 oz. £22.95

Ribeye 10 oz. £24.95

Surf & Turf £26.95  
*Sirloin 10 oz. chilli and garlic prawns*

*All served with seasonal greens, hand cut chips,  
portobello mushroom, roasted tomato*

Add a sauce £1.95

Pink peppercorn, wild mushroom or blue cheese

### Sides

Homemade crispy onion rings £3.50

Hand cut chips £3.50

Skinny Fries £3.00

Buttered new potatoes £3.50

Seasonal vegetables £3.50

Rocket salad £3.25

Garden leaf salad £2.95